Creative Care

Art + Healing in the Twin Cities

Directory of Twin Cities Art + Healing Organizations

FORECAST Public Art
Cirque De-Stress is a collaboration of the Provost’s Committee on Student Mental Health, Circus Mojo, and multiple University of Minnesota programs that address stress and mental health. The metaphors of balance and juggling are used in an entertaining venue to enhance awareness of ways to balance college life and juggle responsibilities.

www.mentalhealth.umn.edu

photo by Joel Morehouse
DIRECTORY of Art + Healing Organizations in the Twin Cities

**ART@HAND**
Northern Clay Center  
2424 Franklin Ave East, Minneapolis, MN 55406  
*Web:* [www.northernclaycenter.org](http://www.northernclaycenter.org)  
*Email:* nccinfo@northernclaycenter.org  
*Contact:* Chris Singewald, Outreach Manager

ART@HAND is NCC’s series of accessible programs for enjoyment of the ceramic arts. Intended for individuals 55 years old or greater (and their families), ART@HAND incorporates lectures and tours, drop-in workshops, and hands-on activities. Supported by the Wallace Excellence Award and the Minnesota State Arts Board’s Arts Learning Grant, the program aims to increase access to the ceramic arts for adults who are 55+.

**Art and Eating Disorders: Building Community Awareness**
The Emily Program Foundation  
2265 Como Avenue, St. Paul, MN 55108  
*Web:* [www.emilyprogramfoundation.org](http://www.emilyprogramfoundation.org)  
*Email:* keri.clifton@emilyprogramfoundation.org  
*Contact:* Keri Clifton

Art and Eating Disorders serves those who struggle with eating disorders and helps express parts of the eating disorder experience that are difficult to put into words. The therapeutic use of creating art that helps people increase awareness of self, cope with symptoms, enhance cognitive abilities, and enjoy the pleasures of making art. The artwork created is displayed in the community to raise awareness about eating disorders.

**Art of Healing**
Penny George Institute for Health and Healing of Allina Health  
800 E 28th St, MR 15010, Minneapolis MN 55407  
*Web:* [www.allinahealth.org/ahs/pgihh.nsf/page/artofhealing](http://www.allinahealth.org/ahs/pgihh.nsf/page/artofhealing)  
*Email:* jayson.king@allina.com  
*Contact:* Jayson King

At Allina Health and the Art of Healing program at the Penny George Institute we recognize that the arts are an important and therapeutic tool for patients, families and staff. Hundreds experience mind, body, spirit transformation through healing environments, creative classes, concerts, music events and artist/art related events each month.
KAIROS ALIVE!’s Dancing Heart™ program brings interactive dance, music & storytelling sessions to diverse settings including adult day, assisted or independent living, nursing homes & schools. Trained artists provide 90 minute structured improv participation experiences, giving benefits of physical movement, creative engagement, social interaction, & legacy sharing. KAIROS ALIVE! also does performance & conferences.

www.kairosalive.org

photo by Joey Ried
Art Opens Doors
ArtiCulture
2613 East Franklin Avenue, Minneapolis, MN 55406
Web: www.articulture.org
Email: egreenbaum@articulture.org
Contact: Elizabeth Greenbaum, 612.729.5151

ArtiCulture partners with organizations bringing arts to marginalized populations. Visual arts education, often combined with poetry, writing, bookmaking and journaling, are tools for personal creative discovery, reflection, healing and recuperation. Experienced working with people with mental and physical disabilities, those with mental illness, substance abuse rehabilitation, homeless and at risk teens.

Art Therapy Program
Adler Graduate School
1550 E. 78th Street, Richfield, MN 55423
Web: www.alfredadler.edu
Email: craig.balfany@alfredadler.edu
Contact: Craig Balfany ATR-BC

The Art Therapy Program at the Adler Graduate School is approved by the American Art Therapy Association and provides Master’s Degree training in Art Therapy. The program consists of a 63 or 81 credit program depending upon the licensure track. Graduates can become eligible for licensure in marriage and family therapy or mental health counseling.

ArtSage Training, Consulting and Resources
ArtSage
719 Fairfield Circle, Minnetonka, MN 55305
Web: www.artsagemn.org
Email: megan@artsagemn.org
Contact: Megan Buchanan

ArtSage is a catalyst for the field of arts and aging. Through training, consulting and access to resources, we prepare artists, organizations and senior-serving communities to provide creative arts experiences that improve the lives of older adults.

Art Program at Boynton Health Service
Boynton Health Service, University of Minnesota
410 Church Street S.E., Minneapolis, MN 55455
Web: www.bhs.umn.edu/art-program/index.htm
Email: gchristenson@bhs.umn.edu
Contact: Gary Christenson, M.D.

The Art Program at Boynton Health Service was established in 2007. Exhibits and a permanent collection of artworks by artists with University connections (students, staff, faculty, and alumni) are prominently displayed throughout clinical and public spaces. Students in the U’s Music Therapy Program perform in clinical waiting areas.
Children’s Hospitals Arts and Healing is a regional arts program, including more than 350 pieces of original art and partnerships with local arts organizations that develop participative and performing arts for our patients and families. www.art.childrensmn.org

photo courtesy of Children’s Hospitals and Clinics
Capistrant Center for Parkinson’s Disease and Movements Disorders – Healing Arts Program
Bethesda Hospital
559 Capitol Blvd., St. Paul, MN 55103
Web: www.healtheast.org/bethesda/outpatient-services/capistrant-center.html
Email: ejmcgee@healtheast.org
Contact: Erin McGee, Therapeutic Recreation

The Capistrant Center offers a variety of classes helping participants and their caregivers stay active and improve their quality of life. Arts programming includes clay classes in partnership with Northern Clay Center and Dancing with Parkinson’s, modeled after the Dance for PD® program from Mark Morris Dance Group, NY.

Caring for the Caregiver™
Stuart Pimsler Dance & Theater
528 Hennepin Ave. S., Suite 707, Minneapolis, MN 55403
Web: www.stuartpimsler.com
Email: spdanth@gmail.com
Contact: Suzanne Costello – Artistic Co-Director, Director of Arts & Healthcare

By exploring the power of touch and movement to help people communicate and connect with others, these workshops seek to foster stronger relationships and understanding among teams of staff members as well as between caregivers and their patients. Through the integration of movement and voice, memories and stories, participants explore ways to express feelings associate with their profession. Caregivers are encouraged to share their personal stories and reflections on how they provide support in their daily work. Together they explore a series of improvisational movement and writing exercises at their own level of skill and comfort. Since introducing this program in 1992, SPDT has engaged thousands of caregivers throughout the U.S. and abroad.

Children’s Hospitals and Clinics Healing Arts Initiative
Children’s Hospitals and Clinics of Minnesota
2525 Chicago Ave., Minneapolis, MN 55404
Web: www.art.childrensmn.org
Email: carol.allesee@childrensmn.org
Contact: Carol Allesee, Arts Coordinator, Child Life Department

Children’s Hospitals Art’s and Healing program is comprised of a regional arts program, including more than 350 pieces of original art and partnerships with local arts organizations that develop participative and performing arts for our patients and families.
Monkey Mind Pirates
Z Puppets Rosenschnoz mixes puppetry, physical comedy and live music into performances and workshops that bring people the power of playfulness. Their arts and mindfulness initiative, *Monkey Mind Pirates*, provides children and families with creative tools and shared language to navigate the stormy seas of stress.

www.zpuppets.org

*photo by Bruce Silcox*
Cirque De-Stress
Provost’s Committee on Student Mental Health
410 Church St. S.E., Minneapolis, MN 55455
Web: www.mentalhealth.umn.edu
Facebook: facebook.com, search “Cirque De-Stress”
Email: gary@christensons.net
Contact: Gary Christenson, M.D.

Cirque De-Stress is a collaboration of the Provost’s Committee on Student Mental Health, Circus Mojo, and multiple University of Minnesota programs that address stress and mental health. The metaphors of balance and juggling are used in an entertaining venue to enhance awareness of ways to balance college life and juggle responsibilities.

Community Arts Program
The Center for Changing Lives
2400 Park Avenue South, Minneapolis, MN 55409
Web: www.centerforchanginglives.org
Email: sandy.parnell@lssmn.org
Contact: Sandy Parnell

The purpose of the Community Arts Program is to integrate the arts into the social services and programs provided at the Center for Changing Lives and to build connections between people in the Center, the Phillips neighborhood, and the larger community. The art created is exhibited in the lobby to illuminate social justice issues and to engage the community in change efforts.

COMPAS Arts in Health Care
COMPAS
75 Fifth St. West, #304, St. Paul MN 55102
Web: www.compas.org
Email: daniel@compas.org
Contact: Daniel Gabriel

Teaching Artists drawn from the COMPAS Artist Roster provide workshops, performances and residencies focused on specific populations in the health care realm. We have worked with children in acute care, mothers-to-be, teens receiving ongoing medical services, and cancer survivor groups, among others, doing hands-on art projects.
Inspire Arts supports patient and family-centered care at Hennepin County Medical Center by providing access to visual and performing arts and individual and group art activities that ease suffering and stress, promote healing, and improve the experience for our patients, families, and employees.

www.hcmc.org/services/InspireArtsProgram
COMPAS Artful Aging
COMPAS
75 Fifth St. West, #304, St. Paul MN 55102
Web: www.compas.org
Email: daniel@compas.org
Contact: Daniel Gabriel

Trained Teaching Artists drawn from the COMPAS Artist Roster provide residencies, workshops and performances aimed at senior citizens in a variety of living situations. We have done intergenerational projects, as well as one-on-one and group work. Actively making art re-injects fresh interest in life, builds new friendships, and unleashes hidden creative potential.

Contemporary Journeys
Walker Art Center
1750 Hennepin Ave. S., Minneapolis, MN 55403
Web: www.walkerart.org/education-community-programs/accessibility-initiatives
Email: education.resources@walkerart.org
Contact: Courtney Gerber

Contemporary Journeys is the Walker Art Center’s tour and art-making program for individuals with early-stage Alzheimer’s and other dementias, their care partners, family, and friends. Participants connect to art and each other through conversational tours that tap multiple senses and art labs that introduce ways of seeing the world.

Courage Kenny International Art Show by Artist with Disabilities
Courage Kenny Institute
800 E. 28th St. Suite 1870, Minneapolis, MN 55407
Web: www.allinahealth.org/ahs/ski.nsf/page/artshow#overview
Email: diana.kommer@allina.com
Contact: Diana Kommer

The International Art Show by Artists with Disabilities is a 51-year tradition of which Sister Kenny Rehabilitation Institute is very proud. The show, held each spring, is one of only a handful of judged art shows in the country for those with a physical or mental impairment. Sister Kenny’s mission is all about helping individuals progress towards their personal best. Our art show is an extension of that — highlighting the abilities of those who experience physical or mental limitations.
Art and Eating Disorders serves those who struggle with eating disorders and helps express parts of the eating disorder experience that are difficult to put into words. The therapeutic use of creating art that helps people increase awareness of self, cope with symptoms, enhance cognitive abilities, and enjoy the pleasures of making art. The artwork created is displayed in the community to raise awareness about eating disorders.

www.emilyprogramfoundation.org

art by Lindsey Nesgoda, You are More. “I made this piece of art to show the progress that can be made when suffering from an eating disorder. The background shows all the struggles of the past with bare branches and scattered words while showing hope for life and growth symbolized by the tree with flowers and blooms.”
courageous heARTS
4164 Cedar Ave., Minneapolis, MN 55407
*Web:* www.courageous-hearts.org
*Email:* lindsay@courageous-hearts.org
*Contact:* Lindsay Walz

  courageous heARTS is where creativity builds courage! Our mission is to co-create experiences with young people by offering them a safe space, built with the intention to heal and empower — through expressive arts, community building, and leadership development. Our afterschool programs are designed to engage school-age youth.

The Creative Arts Therapy Collaborative
The Ivy Building for the Arts
2637 27th Ave. South #229, Minneapolis, MN 55406
*Web:* www.catcmn.wordpress.com
*Phone:* 612.205.1687
*Contact:* Erin Rafferty ATR-BC, LPCC

  The Creative Arts Therapy Collaborative offers Art Therapy, Music Therapy, Drama Therapy, Play Therapy and Yoga services for the community. We are located in a beautiful studio space with natural lighting that will surely inspire the creative spirit. Our licensed and experienced clinicians provide individual and group opportunities for children, adolescents and adults struggling with emotional challenges.

Healing Motion: A Therapeutic Group for Girls
Family Enhancement Center,
4826 Chicago Avenue South, Minneapolis, MN
*Phone:* 612-827-3028
*Email:* info@mnpreventabuse.org

  The Family Enhancement Center's Healing Motion group is a therapeutic group incorporating movement, mindfulness and creative expression for girls, 11-18 years of age who have experienced the trauma of sexual abuse. The goals of the program are to help girls heal by developing personal awareness, respect, control and confidence. The group meets weekly at the Family Enhancement Center. A licensed therapist trained in creative arts facilitates the group with the help of instructors trained in yoga, dance and creative movement. There is currently no charge for participation in the group.
Nature-Based Therapeutic (NBT) services are a unique collaboration between the University of Minnesota’s Center for Spirituality and Healing and the Minnesota Landscape Arboretum. NBT is based on the neuroscience of human bonds with the natural world, including plants and animal interaction, and the ways that connecting with nature increase individual health and community wellbeing. NBT evidence-based best practices can be found at schools, day programs, hospitals, residential treatment, corporations and faith-based organizations. www.arboretum.umn.edu/eventsprograms.aspx
**Healing Spaces**  
Planned Parenthood Minnesota, North Dakota, South Dakota  
671 Vandalia St, St. Paul, MN, 55114  
*Web:* www.ppmns.org  
*E-Mail:* Mgage@ppmns.org  
*Contact:* Molly Gage

Planned Parenthood is the leading provider of reproductive health care and serves over 66,000 women, men and teens at our 20 regional health centers regardless of ability to pay. The Healing Spaces Project will be a collaboration with the arts community to enhance healing through art interventions at our Vandalia Health Center.

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**HeathEast Bethesda Hospital**  
**Healing Arts Program**  
Bethesda Hospital  
559 Capitol Blvd, St. Paul, MN 55103  
*Web:* www.healtheast.org/bethesda/about-bethesda/healing-arts.html  
*Email:* rspayton@healtheast.org  
*Contact:* Bob Payton, Therapeutic Recreation

Bethesda Hospital is a comprehensive long-term acute care hospital serving over 1,500 patients annually who experienced a life-changing traumatic injury or catastrophic illness. Patients can participate in music, visual arts, clay, and other creative programming (one-on-one and in groups) and may have art of their choice displayed in their rooms.

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**HealthEast Memory Loss Care**  
**Healing Arts Program**  
Bethesda Hospital  
559 Capitol Blvd, St. Paul, MN 55103  
*Email:* tkheise@healtheast.org  
*Contact:* Tammy Heise, Therapeutic Recreation

Bethesda Hospital’s Alzheimer’s disease and memory loss care programs offer comprehensive evaluation, diagnosis and treatment for 200 clients annually. Arts programming including music, clay, painting and movement are used to provide meaningful activities/support for these patients and their families, helping them reach the highest level of wellness and function possible.
Art of Healing is a program at Allina Health and the Penny George Institute. They recognize that the arts are an important and therapeutic tool for patients, families and staff. Hundreds experience mind, body, spirit transformation through healing environments, creative classes, concerts, music events and artist/art related events each month.

www.allinahealth.org/ahs/pgihh.nsf/page/art_of_healing
Hopewell Music
Hopewell Music Cooperative North
2200 Fremont Ave. N., Minneapolis, MN 55411
Web: www.hopewellmusic.com
Email: Admin@hopewellmusic.com
Contact: Jaette Carpenter
  Hopewell Music creates vital arts programming for all people regardless of age, financial, physical or mental challenges. We facilitate participation in the arts for those who otherwise wouldn’t have access. We engage residents of North Minneapolis by creating innovative and accessible programming.

I AM-Mosaic
Girls In Action
600 18th Avenue N, Suite 1, Minneapolis, MN 55411
Web: www.giation.org
Emails: giation@jcama.com
sheryl@untappedresource.com
Contact: Dr. Verna Price / Sheryl VanderPol, artist
  Girls in Action™ is a weekly program (girls grades 7-12) that provides mentoring, career coaching, college preparation, exposure to arts, service-learning and academic motivation. We specialize in the Five C’s (CONFIDENCE – COLLEGE – CAREERS – CULTURE – COMMUNITY.) We have impacted over 2300 girls with 95% graduation rate and 70% pursuing college.

Illusion Theater & School
528 Hennepin Ave. S. Suite 704,
Minneapolis, MN  55403
Web: www.illusiontheater.org
Email: kgundlach@illusiontheater.org
Contact: Karen Gundlach
  Illusion Theater’s award winning education program works with schools and community organizations offering theater residencies. Their peer education model, PROJECT TRUST (Teaching Reaching Using Students and Theater) uses theater, writing, dance and music to address topics including violence, respect, body issues, sexual abuse, diversity and mental health.
Wilder Adult Day Health Services provides art engagement with professional artists and arts organizations that promote meaningful art activities that enrich the lives and support the health and well being of older adults.

www.wilder.org
In a New Voice, Wilder Adult Day Health Services
Amherst H. Wilder Foundation
650 Marshall Ave, St Paul, MN  55104
Email: barb.zeis@wilder.org
Web: www.wilder.org
Contact: Barb Zeis
Wilder Adult Day Health Services provides art engagement with professional artists and arts organizations that promote meaningful art activities that enrich the lives and support the health and well being of older adults.

In a New Voice, Wilder Adult Day Program
2163 Upper Afton Rd. E., St Paul, MN 55119
Web: www.sandramenefeetaylor.net
Email: staylor@bitstream.net
Contact: Sandra Menefee Taylor
In A New Voice is a painting class designed to support confidence, add new skills, and new ways of seeing oneself as a senior member of society.

Inspire Arts
Hennepin County Medical Center
701 Park Avenue, G2, Minneapolis, MN 55415
Web: www.hcmc.org/services/InspireArtsProgram/
Email: wenda.ballinger@hcmed.org
Contact: Wenda Ballinger
Inspire Arts supports patient and family-centered care at Hennepin County Medical Center by providing access to visual and performing arts and individual and group art activities that ease suffering and stress, promote healing, and improve the experience for our patients, families, and employees.

In The Heart of the Beast Puppet and Mask Theatre
1500 East Lake Street, Minneapolis MN 55407
Web: www.hobt.org
Email: probinson@hobt.org
Contact: Paul Robinson
In the Heart of the Beast Puppet and Mask Theatre has been using water, flour, newspaper, paint, imagination, planning and playfulness to tell stories that entertain, explore the joys and sorrows, the struggles and celebrations of human existence in the natural world.
Hopewell Music creates vital arts programming for all people regardless of age, financial, physical or mental challenges. We facilitate participation in the arts for those who otherwise wouldn’t have access. We engage residents of North Minneapolis by creating innovative and accessible programming.

www.hopewellmusic.com

photo by Henry A. Hendricks, Dreamery Studio
Interact Center for the Visual and Performing Arts
Interact Center
212 Third Ave. N., Minneapolis, MN 55401
Web: www.interactcenter.com
Email: Info@center.com
Contact: Jeanne Calvit, Exec. Director

Interact Center for the Visual and Performing Arts serves adult Artists with a wide range of disabilities. We have a full time Theater department that incorporates music, writing and a full spectrum of theatrical styles. Our Art Department has painting, drawing, sculpture, fiber arts and puppetry as well as woodwork classes. All of our instructors are professional, practicing artists. Interact’s mission: Creating art and challenging society’s view of disabilities. Our vision is to embrace radical inclusion in the creative process of Art making, thereby unlocking human potential. We envision a world in which the stories, dreams and ideas of all people is a force for healing, personal transformation, and universal well-being.

KAIROS Dancing Heart™
KAIROS ALIVE!
4316 Upton Ave. S., #216, Minneapolis, MN, 55104
Web: www.kairosalive.org
Email: info@kairosalive.org
Contact: Maria Genné

We bring interactive dance, music & storytelling sessions to diverse settings including adult day, assisted or independent living, nursing homes & schools. Trained artists provide 90 minute structured improv participation experiences, giving benefits of physical movement, creative engagement, social interaction, & legacy sharing. We’re also available for performance & conferences.
Illusion Theater’s award winning education program works with schools and community organizations offering theater residencies. Their peer education model, PROJECT TRUST (Teaching Reaching Using Students and Theater) uses theater, writing, dance and music to address topics including violence, respect, body issues, sexual abuse, diversity and mental health.

www.illusiontheater.org
MacPhail Center for Music/Music Therapy and Music for Life Programs
MacPhail Center for Music
501 South Second Street, Minneapolis, MN  55401
Web: www.macphail.org
Email: santucci.marian@macphail.org
Contact: Marian Santucci

MacPhail Music Therapy: Music therapy is an interpersonal process in which the therapist uses music and all of its facets—physical, emotional, mental, social, aesthetic, and spiritual—to help clients to improve or maintain their health. In some instances, the client’s needs are addressed directly through music; in others they are addressed through the relationships that develop between the client and therapist.

MacPhail Music for Life™ a unique, participatory, lifelong learning program that engages adults, ages 55 – 103 plus, through music. Music is used as a way to enhance the physical and mental well-being of the participants as well as improve their overall quality of life.

Midwest Arts in Healthcare Network (MAIHN)
Springboard for the Arts / MAIHN
PO Box 7480, Minneapolis, MN  55407
Web: www.maihn.org
Email: art@maihn.org
Contact: Jennifer Lindgren or Candice Simpson

The Midwest Arts in Healthcare Network (MAIHN) is a coalition of healthcare providers, artists, and community members working together to integrate the arts into the world of health and healing. Founded in 2006 and based in the Twin Cities, MAIHN encompasses Minnesota, Western Wisconsin, North Dakota, South Dakota and Northern Iowa.

Discover Your Story
Minneapolis Institute of Arts
2400 Third Av S, Minneapolis MN
Web: www.artsmia.org
Phone: 612-870-3140
Contact: Jane Tygesson

This is a specially designed museum experience for people living with memory loss and their caregiver. Please call the tour office to book a tour any time during open museum hours.
MacPhail Music Therapy is an interpersonal process in which the therapist uses music and all of its facets—physical, emotional, mental, social, aesthetic, and spiritual—to help clients improve or maintain their health. In some instances, the client’s needs are addressed directly through music; in others they are addressed through the relationships that develop between the client and therapist.

www.macphail.org
Minnesota Center for Book Arts – Education Programs
Minnesota Center for Book Arts
1011 Washington Ave S, Suite 100,
Minneapolis, MN 55415
Web: www.mnbookarts.org
Email: mcba@mnbookarts.org
Contact: Sara R. Parr, Adult and Artist Programs Director

Center for Book Arts welcomes participants of all ages and abilities for a wide variety of artmaking opportunities. Past programs have included papermaking and writing with combat veterans, poetry broadside printing, and bookmaking for dream journaling. Programs can be custom-designed; many of our programs can also be offered off-site.

Art Outreach Programs
Minnetonka Center For the Arts
2240 North Shore Drive, Wayzata, MN 55391
Web: www.minnetonkaarts.org
Email: hnelson@minnetonkaarts.org
Contact: Holly Nelson

MCFTA provides visual art education for all ages, abilities and interests. We offer quality art experiences to seniors, other-abled adults and at-risk, underserved children and youth.

Morning Earth Healing Images
Morning Earth, a 501 (c) (3) educational charity
8870-202nd St N, Forest Lake, MN 55-25
Web: www.morning-earth.org
Email: jtcaddy@earthlink.net
Contact: John Caddy

Every weekday, Morning Earth sends a nature photograph and a brief poem to some 1,500 subscribers around the globe. The power of these word and photo images relies on our innate bond with the rest of earth life. Our goal is to reinforce that natural affinity so that people will help defend wild nature.
Forecast Public Art provides grants to artists, consulting and educational programs and publishes the international magazine *Public Art Review*. Issue #48, published in 2013, explores public art as a healing force in neighborhoods, hospitals and city spaces, often serving as “acupuncture” in the environment. In this issue, available via our website, we take an in-depth look at the innovative ways artists around the world are using public art to address and support the health of individuals, communities and ecosystems.

www.publicartreview.org
Nature Based Therapeutic Services
University of Minnesota
3675 Arboretum Drive, Chaska, MN 55318
Web: www.arboretum.umn.edu/eventsprograms.aspx
Email: larso095@umn.edu
Contact: Dr. Jean M. Larson

The University of Minnesota Nature-Based Therapeutic (NBT) services are a unique collaboration between the Center for Spirituality and Healing and the Minnesota Landscape Arboretum. NBT is based on the neuroscience of human bonds with the natural world, including plants and animal interaction, and the ways that connecting with nature increase individual health and community wellbeing. NBT evidence-based best practices can be found at schools, day programs, hospitals, residential treatment, corporations and faith-based organizations.

Spectrum ArtWorks
Spectrum Community Mental Health, a program of RESOURCE, Inc.
1825 Chicago Ave S, Minneapolis, MN 55404
Web: www.artworksatxpp.com.org
Email: mandersen@resource-mn.org
Contact: Megan Andersen

Spectrum ArtWorks is a nonprofit visual art program in Minneapolis that provides studio space and community for artists living with a mental illness. Their mission is to assist artists living with a mental illness to integrate into the larger arts community and help educate the public and break down stigma associated with mental illness.

Monkey Mind Pirates
Z Puppets Rosenschnoz
3132 16th Ave. South., Minneapolis, MN 55407
Web: www.zpuppets.org
Email: shari@zpuppets.org
Contact: Shari Aronson

Z Puppets Rosenschnoz mixes puppetry, physical comedy and live music into performances and workshops that bring people the power of playfulness. Their arts and mindfulness initiative, Monkey Mind Pirates, provides children and families with creative tools and shared language to navigate the stormy seas of stress.
Creative Care
Art + Healing in the Twin Cities
Directory of Twin Cities Art + Healing Organizations
Art heals. Whether it’s a creative chance to focus away from pain or to communicate suffering that has no words, art offers healing to both artists and audiences. And the Twin Cities – with a reputation for both quality health care and innovative arts – have more art and healing programs than anywhere in the country.

This special publication was created to augment the exhibition: Creative Care: Art + Healing in the Twin Cities and serve as a resource for local residents. Produced by Forecast Public Art, a nonprofit public art consulting agency, in partnership with Hennepin County’s Multicultural Arts Committee, this is the first-ever exhibition and publication focused on art and healing programs in the region. The broad spectrum of organizations featured in the exhibit and related programming are featured in this publication, along with a listing of dozens of other valuable programs and resources in the community. Together, they reflect many artistic disciplines and approaches to healing, and demonstrate that the arts play a valuable role in the daily lives of all citizens. For more information about the exhibition and related programming, please visit www.hennepin.us/hennepingallery.

The exhibition runs from November 4, 2013, through January 29, 2014, in the Hennepin Gallery, located on the lower level of the Hennepin County Government Center in downtown Minneapolis. The Hennepin Gallery is free and open to the public Monday through Friday, 7:30 a.m. to 6 p.m. at the Hennepin County Government Center, A Level, 300 South Sixth Street, Minneapolis.
Corporate Art Force is one of the only companies in the world that offers a comprehensive art management process, specifically for Healthcare. Our Healthcare philosophy is to form partnerships with our clients, on behalf of their patients, to provide visual solutions that transform spaces into healing environments.

Enhancing the patient experience.

Please contact Leslie Palmer-Ross: lpr@corporateartforce.com or visit www.corporateartforce.com for more information.
Acknowledgements

This project is indebted to all the exhibiting organizations and presenters that contributed time and energy to this initiative; without their good work this project would not be possible. The organizers wish to thank the members of Hennepin County’s Multicultural Arts Committee, members of the Creative Care Task Force, the staff at Forecast Public Art, project coordinator Mary Bergs, designer Laurie Phillips, sponsorship coordinator Blue Sky Thinking, and Hennepin County’s Public Affairs Department.

This project was generously underwritten by the Multicultural Arts Committee of Hennepin County. Additional support of Creative Care was provided by the following sponsors and media partners: Corporate Art Force, Children’s Hospitals and Clinics of Minnesota, Clear Channel Outdoor, Hennepin Health, Hennepin Healthworks and Health Care News.

Volunteer support was generously provided by the Creative Care Task Force members: Carol Allesee, Shari Aronson, Sheila Asato, Kelly Finnerty, Elizabeth Fletcher, Vicki Hovde, Allison Luedtke, Suzi Mcardle, Sandy Parnell, Laurie Phillips, Sandra Taylor and Sheryl Vanderpol.

© 2013 Forecast Public Art.

Please note that this directory is not an all-inclusive list of the many wonderful organizations in the Twin Cities that offer art and healing programs.
Art heals. Whether it’s a creative chance to focus away from pain or to communicate suffering that has no words, art offers healing to both artists and audiences. And the Twin Cities – with a reputation for both quality health care and innovative arts – have more art and healing programs than anywhere in the country.

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